

## Sonnet 9: Long-while I sought

Thursday, January 31, 1594

Morning Prayer: Psa 1-5; Exo 9; Mat 28

Evening Prayer: Psa 6-8; Exo 10; 1Co 12

### *Morning Prayer: Psalms 1-5*

#### P S A L M E I.

**B**Lessed is the man that doeth not walke in the counsel of the wicked, nor stand in the way of sinners, nor sit in the seat of the scornful:

2 But his delite *is* in the Law of the Lord, & in his Law doeth he meditate day and night.

3 For he shal be like a tre planted by the riuers of waters, that wil bring forthe her frute in due season: whose leafe shal not fade: so whatsoeuer he shal do, shall prosper.

4 The wicked *are* not so, but as the chaffe, which the winde driueth away.

5 Therefore the wicked shal not stand in the Iudgement, nor sinners in the assemblie of the righteous.

6 For the Lord knoweth the way of the righteous, and the way of the wicked shal perish.

#### P S A L. II.

**W**Hy do the heathen rage, & the people murmur in vaine?

2 The Kings of the earth band them selues, and the princes are assembled together against the Lord, and against his Christ.

3 Let vs breake their bands, and cast their cords from vs.

- 4 *But* he that dwelleth in the heauen shal laugh: the Lord shal haue them in derision.
- 5 Then shal he speake vnto them in his wrath, & vexe them in his sore displeasure, *saying*,
- 6 *Euen* I haue set my King vpon Zion mine holie mountaine.
- 7 I wil declare the decree: *that is*, the Lord hathe said vnto me, Thou art my Sonne: this day haue I begotten thee.
- 8 Aske of me, & I shal giue thee the heathen for thine inheritance, and the endes of the earth for thy possession.
- 9 Thou shalt krush them with a scepter of yron, & breake them in pieces like a potters vessel.
- 10 Be wise nowe therefore, ye Kings: be learned ye Iudges of the earth.
- 11 Serue the Lord in feare, and reioyce in trembling.
- 12 Kisse the Sonne, lest he be angrie, and ye perish in the waie, when his wrath shal suddenly burne. *blessed are* all that trust in him.

PSAL. III.

*A Psalme of Dauid, when he fled from his  
sonne Absalom.*

- L**ord, how are mine aduersaries increased? howe manie rise  
against me?
- 2 Manie say to my soule, *There is* no helpe for him in God. Selah.
- 3 But thou Lorde art a buckler for me: my glorie, and the lifter vp of mine head.
- 4 I did call vnto the Lord with my voyce, and he heard me out of his holie mountaine. Selah.
- 5 I laied me downe & slept, *and* rose vp againe: for the Lord susteined me.

6 I wil not be afrayed for ten thousand of the people, that shulde beset me round about.

7 O Lord, arise: helpe me, my God: for thou hast smitten all mine enemies vpon the cheke bone: thou hast broken the teeth of the wicked.

8 Saluacion belongeth vnto the Lord, & thy blessing *is* vpon thy people. Selah.

P S A L. I I I I.

*To him that excelleth on Neginoth.*

*A Psalme of Dauid.*

**H**Eare me when I call, ô God of my righteousnes: thou hast set me at libertie, *when I was* in distres: haue mercie vpon me & hearken vnto my prayer.

2 O ye sonnes of men, howe long *wil ye turne* my glorie into shame, louing vanitie, *and* seking lyes? Selah.

3 For be ye sure that the Lorde hathe chosen to him self a godlie man: the Lorde wil heare when I cal vnto him.

4 Tremble, and sinne not: examine your owne heart vpon your bed, and be stil. Selah.

5 Offer the sacrifices of righteousnes, and trust in the Lord.

6 Manie saye, Who will shewe vs *anie* good? *but* Lord, lift vp the light of thy countenance vpon vs.

7 Thou hast giuen me more ioye of heart, then *they haue had*, when their wheat and their wine did abunde.

8 I wil laye me downe, & also slepe in peace: for thou, Lord, onely makest me dwel in sauetie.

P S A L. V.

*To him that excelleth vpon Nehiloth.*

*A Psalme of Dauid.*

**H**Eare my wordes, ô Lord: vnderstand my meditation.  
2 Hearken vnto the voyce of my crye, my King & my God:  
for vnto thee do I pray.  
3 Heare my voice in the morning, ô Lord: *for* in the morning wil I  
direct *me* vnto thee, and I wil waite.  
4 For thou art not a God that loueth wickednes: neither shal euil  
dwel with thee.  
5 The foolish shal not stand in thy sight: *for* thou hatest all them  
that worke iniquitie.  
6 Thou shalt destroy them that speake lyes: the Lord wil abhorre  
the bloodie man and deceitful.  
7 But I wil come into thine house in the multitude of thy mercie:  
& in thy feare wil I worship towarde thine holie Temple.  
8 Lead me, ô Lord, in thy righteousnes, because of *mine* enemies:  
make thy waie plaine before my face.  
9 For no constancie *is* in their mouth: within, they are very  
corruption: their throte *is* an open sepulchre, & they flatter with  
their tongue.  
10 Destroye them, ô God: let them fall from their counsels: cast  
them out for the multitude of their iniquities, because thei haue  
rebelled against thee.  
11 And let all them that trust in thee, reioyce & triumph for euer,  
couer thou them: and let them, that loue thy Name, reioyce in thee.  
12 For thou Lorde wilt blesse the righteous, & with fauour wilt  
compas him, as with a shield.

### ***Morning Prayer – 1<sup>st</sup> Lesson: Exodus 9***

#### C H A P. I X.

**T**Hen the Lord said vnto Moses, Go to Pharaoh, and tel him,  
Thus saith the Lord God of the Ebrewes, Let my people go,

that they may serue me.

2 But if thou refuse to let *them* go, & wilt yet holde them stil,

3 Beholde, the hand of the Lord is vpon thy flocke which is in the field: for vpon the horses, vpon the asses, vpon the camels, vpon the cattel, & vpon the shepe *shalbe* a mighty great moraine.

4 And the Lord shall do wonderfully betwene the beastes of Israel, and the beastes of Egypt: so that there shal nothing dye of all, that *perteineth* to the children of Israel.

5 And the Lord appointed a time, saying, To morowe the Lord shall finish this thing in this land.

6 So the Lord did this thing on the morowe, and all the cattel of Egypt dyed: but of the cattel of the children of Israel dyed not one.

7 Then Pharaoh sent, and beholde, there was not one of the cattel of the Israelites dead: and the heart of Pharaoh was obstinat, and he did not let the people go.

8 ¶ And the Lord said to Moses & to Aaron, Take your handful of ashes of the fornace, and Moses shal sprinkle them towarde the heauen in the sight of Pharaoh,

9 And they shalbe *turned* to dust in all the land of Egypt: & it shalbe as a scab breaking out into blisters vpon man and vpon beast, thoroughout all the land of Egypt.

10 Then they tooke ashes of the fornace, and stode before Pharaoh: and Moses sprinkled them towarde the heauen, and there came a scab breaking out into blisters vpon man, and vpon beast.

11 And the sorcerers cold not stande before Moses, because of the scab: for the scab was vpon the enchanterers, & vpon all the Egyptians.

12 And the Lord hardened the heart of Pharaoh, and he hearkened not vnto them, as the Lorde had said vnto Moses.

13 ¶ Also the Lorde said vnto Moses, Rise vp earely in the morning, and stand before Pharaoh, and tell him, Thus saith the

Lord God of the Ebrewes, Let my people go, that they may serue me.

14 For I wil at this time send all my plagues vpon thine heart, and vpon thy seruants, & vpon thy people, that thou maiest know that there is none like me in all the earth.

15 For now I wil stretche out mine hande, that I may smite thee & thy people with the pestilence: & thou shalt perish from the earth.

16 And in dede, for this cause haue I appointed thee, to shewe my power in thee, & to declare my Name throughout all the world.

17 Yet thou exaltest thy selfe against my people, and letttest them not go.

18 Beholde, to morowe this time I wil cause to raine a mightie great haile, suche as was not in Egypt since the foundation thereof was laid vnto this time.

19 Send therefore nowe, *and* gather the cattel, and all that thou hast in the field: *for* vpon all the men, & the beastes, which are founde in the field, and not broght home, the haile shal fall vpon them, and they shal dye.

20 Suche *then* as feared the worde of the Lord among the seruantes of Pharaoh, made his seruants & his cattel flee into the houses:

21 But suche as regarded not the worde of the Lorde, left his seruants, and his cattel in the field.

22 ¶ And the Lorde said to Moses, Stretche forthe thine hand toward heauen, that there may be haile in all the land of Egypt, vpon man and vpon beast, and vpon all the herbes of the field in the land of Egypt.

23 Then Moses stretched out his rod toward heauen, and the Lord sent thundre & haile, and lightening vpon the grounde: and the Lord caused haile to raine vpon the land of Egypt.

24 So there was haile, & fire mingled with the haile, so grieuous, as there was none throughout all the land of Egypt, since it was a nation.

25 And the haile smote throughout all the land of Egypt all that was in the field, bothe man and beast: also the haile smote all the herbes of the field, and brake to pieces all the trees of the fielde.

26 Onely in the lande of Goshen (where the children of Israel were) was no haile.

27 Then Pharaoh sent and called for Moses and Aaron, and said vnto them, I haue now sinned: the Lord is righteous, but I and my people are wicked.

28 Pray ye vnto the Lord (for it is ynough) that there be no more mightie thunders & haile, and I will let you go, and ye shall tary no longer.

29 Then Moses said vnto him, Assone as I am out of the citie, I wil spreade mine hands vnto the Lord, *and* the thunder shal cease, neither shal there be any more haile, that thou maiest know that the earth is the Lords.

30 Now I knowe that thou, and thy seruantes feare the Lord God, before I pray.

31 (And the flaxe, & the barley were smitten: for the barley was eared, & the flaxe was balled.

32 But the wheat & the rye were not smitten, for they were hid in the grounde)

33 Then Moses went out of the citie from Pharaoh, & spred his hands to the Lord, and the thundre and the haile ceased, nether rained it vpon the earth.

34 And when Pharaoh saw that the raine and the haile and the thundre were ceased, he sinned againe, and hardened his heart *bothe* he, and his seruants.

35 So the heart of Pharaoh was hardened: nether wolde he let the children of Israel go, as the Lord had said by Moses.

***Morning Prayer - 2<sup>nd</sup> Lesson: Matthew 28***

C H A P. X X V I I I.

**N**Ow in the end of the Sabbath, when the first *day* of the weke began to dawne, Marie Magdalene, and the other Marie came to se the sepulchre,

2 And beholde, there was a great earthquake: for the Angel of the Lord descended from heauen, and came and rolled backe the stone from the dore, and sate vpon it.

3 And his countenance was like lightning, and his raiment white as snowe.

4 And for feare of him, the kepers were astonied, and became as dead men.

5 But the Angel answered, and said to the women, Feare ye not: for I knowe that ye seke Iesus which was crucified:

6 He is not here, for he is risen; as he said: come, se the place where the Lord was laid,

7 And go quickly, & tell his disciples that he is risen from the dead: and beholde, he goeth before you into Galile: there ye shal se him: lo, I haue told you.

8 So they departed quickly from the sepulchre, with feare and great ioye, & did runne to bring his disciples worde.

9 And as they wet to tell his disciples, beholde, Iesus also met them, saying, God saue you. And they came, and toke him by the fete, and worshipped him.

10 Then said Iesus vnto them, Be not afraied. Go, *and* tell my brethren, that thei go into Galile, and there shal they se me.



11 ¶ Now when they were gone, beholde, some of the watche came into the citie, & shewed vnto the hie Priests all the things that were done.

12 And thei gathered them together with the Elders, and toke counsel, & gaue large money vnto the souldiers,

13 Saying, Say, His disciples came by night, and stole him away while we slept.

14 And if the gouernour heare of this, we wil persuade him, and saue you harmeles.

15 So they toke the money, & did as they were taught: and this saying is noised among the Iewes vnto this day.

16 ¶ Then the eleuen disciples went into Galile, into a mountaine, where Iesus had appointed them.

17 And when they sawe him, they worshipped him: but some doubted.

18 And Iesus came, and spake vnto them, saying, All power is giuen vnto me in heauen, and in earth.

19 Go therefore, and teache all nations, baptizing them in the Name of the Father, and the Sonne, and the holie Gost,

20 Teaching them to obserue all things, whatsoever I haue commanded you & lo, I am with you alway, vntil the end of the worlde, Amen.

### ***Evening Prayer: Psalms 6-8***

#### P S A L. V I.

*To him that excelleth on Neginoth vpon the  
eight tune. A Psalme of Dauid.*

**O** Lord, rebuke me not in thine angre, nether chastise me in thy wrath.

- 2 Haue mercie vpon me, ô Lord, for I am weake: ô Lord heale me, for my bones are vexed.
- 3 My soule is also sore troubled: but Lord how long wilt thou delay?
- 4 Returne, ô Lord: deliuer my soule: saue me for thy mercies sake.
- 5 For in death *there is* no remembrance of thee: in the graue who shal praise thee?
- 6 I fainted in my mourning: I cause my bed euery night to swimme, & watter my couche with my teares.
- 7 Mine eye is dimmed for despite, & sunke in because of all mine enemies.
- 8 Awaie from me all ye workers of iniquitie: for the Lord hathe heard the voyce of my weping.
- 9 The Lord hathe heard my petition.the Lord wil receiue my praier.
- 10 All mine enemies shal be confunded & sore vexed: thei shal be turned backe, *and* put to shame suddenly.

#### P S A L. V I I.

Shigaion of Dauid, which he sang vnto the Lord,  
concerning the wordes of Chush the sonne of Iemini.

**O** Lord my God, in thee I put me trust: saue me from all that  
persecute me, and deliuer me,

- 2 Lest he deuoure my soule like a lion, and teare it in pieces,  
while there is none to helpe.
- 3 O Lord my God, if I haue done this thing, if there be *anie*  
wickednes in mine hands,
- 4 If I haue rewarded euil vnto him that had peace with me, (yea I  
haue deliuered him that vexed me without cause)

5 *Then* let the enemy persecute my soule & take it: yea, let him treade my life downe vpon the earth, and lay mine honour in the dust. Selah.

6 Arise, ô Lord, in thy wrath, and lift vp thy selfe against the rage of mine enemies, and awake for me *according* to the iudgement *that* thou hast appointed.

7 So shal the Congregation of the people compass thee about: for their sakes therefore returne on hie.

8 The Lord shal iudge the people: iudge thou me, ô Lord, according to my righteousnes, and according to mine innocencie, *that is* in me.

9 Oh let the malice of the wicked come to an end: but guide thou the iust: for the righteous God tryeth the hearts and reines.

10 My defence *is* in God, who preserueth the vpright in heart.

11 God iudgeth the righteous, & him that contemneth God euerie day.

12 Except he turne, he hathe whet his sworde: he hathe bent his bowe and made it readie.

13 He hathe also prepared him deadly weapons: he wil ordeine his arrowes for them that persecute *me*.

14 Beholde, he shal trauaile with wickednes: for he hathe conceiued mischief, but he shal bring foothe a lye.

15 He hathe made a pit and digged it, and is fallen into the pit *that* he made.

16 His mischief shal returne vpon his owne head, and his crueltie shal fall vpon his owne pate.

17 I wil praise the Lord according to his righteousnes, and wil sing praise to the Name of the Lord moste high.

P S A L. V I I I.

*To him that excelleth on Gittith.*

*A Psalm of David.*

**O** Lord our Lord, how excellent is thy Name in all the worlde!  
which hast set thy glory about the heuens.

2 Out of the mouth of babes & suckelings hast thou ordeined strength, because of thine enemies, that thou mightest stil theemie and the auenger.

3 When I beholde thine heuens, *euen* the workes of thy fingers, the moone and the starres which thou hast ordeined,

4 What is man, *say* I, that thou art mindful of him? and the sonne of man, that thou visitest him?

5 For thou hast made him a little lower then God, and crowned him with glorie and worship.

6 Thou hast made him to haue dominion in the workes of thine hands. thou hast put all things vnder his fete

7 All shepe and oxen: yea, and the beastes of the fiede:

8 The foules of the aire, and the fish of the sea, & that which passeth through the paths of the seas.

9 O Lord our Lorde, how excellent is thy Name in all the world!

***Evening Prayer – 1<sup>st</sup> Lesson: Exodus 10***

C H A P. X.

**A**gain the Lord said vnto Moses, Go to Pharaoh: for I haue hardened his heart, & the heart of his seruants, that I might worke these my miracles in the middes of his realme,

2 And that thou maiest declare in the eares of thy sonne, and of thy sonnes sonne, what things I haue done in Egypt, & my miracles, which I haue done among them: that ye may knowe that I am the Lord.

3 Then came Moses and Aaron vnto Pharaoh, and they said vnto him, Thus saith the Lord God of the Ebrewes, How long wilt thou

refuse to humble thy selfe before me? Let my people go, that they may serue me.

4 But if thou refuse to let my people go, beholde, tomorowe wil I bring greshoppers into thy coastes.

5 And they shall couer the face of the earth, that a man can not see the earth: and they shall eate the residue which remaineth vnto you, and hath escaped from the haile: & they shall eat all your trees that bud in the field.

6 And they shall fill thine houses, & all thy seruants houses, and the houses of all the Egyptians, as neither thy fathers, nor thy fathers fathers haue sene, since the time they were vpon the earth vnto this day. So he returned, and went out from Pharaoh.

7 Then Pharaohs seruants said vnto him, How long shall he be an offence vnto vs? let the men go, that they may serue the Lord their God: wilt thou first knowe that Egypt is destroyed?

8 So Moses and Aaron were brought againe vnto Pharaoh, & he said vnto them, Go, serue the Lord your God, but who are they that shall go?

9 And Moses answered, We will go with our yong and with our olde, with our sonnes and with our daughters, with our shepe and with our cattel will we go: for we *must celebrate* a feast vnto the Lord.

10 And he said vnto them, Let the Lord so be with you, as I wil let you go and your children: beholde, for euil is before your face.

11 *It shall not be* so: now go ye *that are* men, and serue the Lorde: for that was your desire. Then they were thrust out from Pharaohs presence.

12 ¶ After, the Lord said vnto Moses, Stretch out thine hand vpon the land of Egypt for the greshoppers, that they may come vpon the lande of Egypt, and eate all the herbes of the land, *euē* all that the haile hath left.

13 Then Moses stretched forthe his rod vpon the land of Egypt: and the Lord broght an East winde vpon the land all that day, and all that night: and in the morning the East winde broght the greshoppers.

14 So the greshoppers went vp vpon all the land of Egypt, and remained in all quarters of Egypt: so grieuous greshoppers, like to these were neuer before, nether after them shalbe suche.

15 For they couered all the face of the earth, so that the land was darcke: and they did eate all the herbes of the lande, and all the frutes of the trees, which the haile had left, so that there was no grene thing left vpon the trees, nor among the herbes of the field throughout all the land of Egypt.

16 Therefore Pharaoh called for Moses and Aaron in haste, and said, I haue sinned against the Lord your God, and against you.

17 And nowe forgiue me my sinne onely this once, and pray vnto the Lord your God, that hee may take away from me this death onely.

18 *Moses* then went out from Pharaoh, and praied vnto the Lord.

19 And the Lorde turned a mightie strong West winde, and toke away the greshoppers, and violently cast them into the red Sea, *so that* there remained not one greshopper in all the coast of Egypt.

20 But the Lord hardened Pharaohs heart, and he did not let the children of Israel go.

21 ¶ Againe the Lord said vnto Moses, Stretch out thine hand toward heauen, that there may be vpon the lande of Egypt darckenes, euen darckenes that may be felt.

22 Then Moses stretched forthe his hande toward heauen, and there was a blacke darckenes in all the land of Egypt thre dayes.

23 No man saw an other, nether rose vp from the place where he was *for* thre dayes: but all the children of Israel had light where they dwelt.

24 Then Pharaoh called for Moses and said, Go, serue the Lord: onely your shepe and your cattel shal abide, and your children shal go with you.

25 And Moses said, Thou must giue vs also sacrifices, and burnt offrings that we may do *sacrifice* vnto the Lord our God.

26 Therefore our cattel also shal go with vs: there shal not an hoofe be left, for thereof must we take to serue the Lord our God: nether do we knowe howe we shal serue the Lorde, vntil we come thither.

27 (But the Lorde hardened Pharaohs heart, and he would not let them go)

28 And Pharaoh said vnto him, Get thee from me: loke thou se my face no more: for whensoever thou commest in my sight, thou shalt dye.

29 Then Moses said, Thou hast said wel: from henceforth wil I se thy face no more.

### ***Evening Prayer – 2<sup>nd</sup> Lesson: 1 Corinthians 12***

#### C H A P. XII.

**N**ow concerning spiritual *giftes*, brethren, I wolde not haue you ignorant.

2 Ye knowe that ye were Gentiles, and were caryed away vnto the domme idoles, as ye were led.

3 Wherefore, I declare vnto you, that no man speaking by the Spirit of God, calleth Iesus execrable: also no man can say that Iesus is the Lord, but by the holy Gost.

4 Now there are diuersities of giftes, but the same Spirit.

5 And there are diuersities of administrations, but the same Lord,

6 And there are diuersities of operations, but God is the same, which worketh all in all.

7 But the manifestation of the Spirit is giuen to euerie man, to profit withall.

8 For to one is giuen by the Spirit the worde of wisdome: and to another the worde of knowledge, by the same Spirit:

9 And to another *is giuen* faith, by the same Spirit: and to another the giftes of healing, by the same Spirit:

10 And to another the operations of great workes: and to another, prophecie: and to another, the discerning of spirits: and to another, diuersities of tongues: & to another, the interpretation of tongues.

11 And all these things worketh euen the self same Spirit, distributing to euerie man seuerally as he wil.

12 For as the bodie is one, and hath many membres, and all the membres of the bodie, which is one, though they be many, *yet are but* one bodie: euen so is Christ.

13 For by one Spirit are we all baptized into one bodie, whether *we be* Jewes or Grecians, whether *we be* bonde, or fre, and haue bene all made to drinke into one Spirit.

14 For the bodie also is not one member, but many.

15 If the fote would say, Because I am not the hand, I am not of the bodie, is it therefore not of the bodie?

16 And if the eare wolde say, Because I am not the eye, I am not of the bodie, is it therefore not of the bodie?

17 If the whole body *were* an eye, where *were* the hearing? If the whole *were* hearing, where *were* the smelling?

18 But now hath God disposed the membres euerie one of them in the bodie. at his owne pleasure.

19 For if they were all one member, where *were* the body?

20 But now *are* there manie membres, yet but one bodie.

21 And the eye can not say vnto the hand, I haue no neede of thee: nor the head againe to the fete, I haue no nede of you.



- 22 Yea, much rather those membres of the bodie, which seme to be more feble, are necessarie.
- 23 And vpon those membres of the bodie, which we thinke moste vn honest, put we more honestie on: and our vncomelie *partes* haue more comelines on.
- 24 For our comelie *partes* nede it not: but God hathe tempered the bodie together, and hathe giuen the more honour to that *parte* which lacked,
- 25 Lest there shulde be anie diuision in the bodie: but that the members shulde haue the same care one for another.
- 26 Therefore if one member suffer, all suffer with it: if one member be had in honour, all the membres reioyce with it.
- 27 Now ye are the bodie of Christ, & membres for *your* parte.
- 28 And God hathe ordeined some in the Church: *as* first, Apostles, secondly Prophetes, thirdly teachers, then them that do miracles: after that, the giftes of healing, helpers, gouernours, diuersitie of tongues.
- 29 Are all Apostles? are all Prophetes? are all teachers?
- 30 Are all doers of miracles? haue all the giftes of healing? do all speake with tongues? do all interprete?
- 31 But desire you the best gifts, and I wil yet shewe you a more excellent way.

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